Exploring Knowledge of parents about the measurement process

* Why do you think children are being weighed and measured at school?
* Who do you think is responsible for this whole process of weighing and measuring children?
* Do you find it legitimate to weigh and measure children at school?
* Do you think it is being handled very well?
* Is it something you would want to be done to your child at school? Why?
* Is it something you would want to be done to all children at school? Why?
* Would you want to talk to your child about weight related issues?
* Why do you think your child has the weight they have?

Exploring Experiences just before child participation in the measurement process

* Do you remember receiving a letter from school asking you to give permission to your child to take part in the measurement process?
* What was your reaction about this letter?
* What did you discuss about this letter with your child?
* What were the feelings of your child towards measurement?
* In your opinion is this likely to be the same reaction for all the children?
* What were the reactions and comments of the other family members?

Exploring experiences of parents after child participation in the measurement process

* What did your child say to you after being measured?
* What was the perception of your child towards the process of measurement?
* Did participating in the measurement process change the curiosity of your child towards his/her weight and height?
* Were there any changes in your and/or your child’s behaviours after participating in the measurement process?
* What were your feelings during the long wait for the measurement results?
* Were you and/or your child eagerly waiting for the measurement results?

Exploring general perceptions and feelings of parents

* How do you feel about your child’s body size at the moment?
* What are some of the reasons to explain your child’s weight status at the moment?
* Do you find it quite easy to tell if your child is about the right weight, underweight or overweight?
* Do you find it easy to speak to your child about weight related issues?
* Are you generally happy about your child?
* Do you feel about your child’s weight, has it changed since they were young?
* How do you feel about your child’s exercise and eating habits?

Exploring experiences of parents during the feedback process

* How did you receive the results from the measurement process?
* How did you feel just before receiving the results of the measurement process?
* How did you feel just after receiving the results of the measurement process?
* How did you deliver these results to your child?
* What was your child’s reaction after receiving these results?
* What were the comments of the other members of the family?

Exploring experiences after the feedback process

* Are there any feelings of worry among the family members due to the results of the measurement process?
* Are there any changes in the way of life of the child due to the results?
* Have you sought some help somewhere about your child’s weight status?
* Who are the providers of help that have been consulted?
* Which help would you recommend to others and why?
* What next is planned about the child’s weight status?

Feelings about lifestyles

* Do you think this measurement process can act as an important spur to families to think of healthy lifestyles?
* Do you think it is important to feedback the height and weight measurement of children to parents and their children?
* Generally what do you make of the whole process?