**Quality of life and mental health of women who had cardiac disease in pregnancy and postpartum**

**Appendix A**

**Diagnoses**

Several women had multiple conditions, diagnosed simultaneously or at separate times. Conditions included:

* Arrhythmogenic mitral valve prolapse
* Arrhythmogenic Right Ventricular Dysplasia/Cardiomyopathy (ARVD)
* Atrial septal defect (ASD)
* Cardiac arrest
* Coarctation and stenosis of the aorta
* Congenitally corrected transposition of the great arteries (ccTGA)
* Dextrocardia
* Fontan circulation
* Hypertrophic Cardiomyopathy
* Idiopathic cardiomyopathy
* Leaky valve
* Long QT Syndrome
* Peripartum cardiomyopathy (PPCM)
* Pregnancy related spontaneous coronary artery dissection (PSCAD)
* Prolapsed pulmonary valve
* Pulmonary stenosis
* Supraventricular tachycardia
* Transposition of the great vessels
* Tetralogy of fallot
* Transposition of great arteries
* Truncus interrupted aortic arch
* Ventricular septal defect (VSD)

**Appendix B**

|  |  |  |  |
| --- | --- | --- | --- |
| **Participant characteristics** | |  |  |
|  |  | Frequency | Percent |
| Age cardiac disease diagnosed (years | 0-5 | 9 | 20.9 |
| 6-18 | 1 | 2.3 |
| 19-30 | 13 | 30.2 |
| 31 | 20 | 46.5 |
|  |  |  |  |
| Age of first CDPP (years) | Missing | 2 | 4.7 |
| Up to 25 | 3 | 7.0 |
| 26 – 30 | 18 | 41.9 |
| 31 - 36 | 12 | 27.9 |
| 37 or older | 8 | 18.6 |
|  |  |  |  |
| Pregnancy for first CDPP | 1st pregnancy | 30 | 69.8 |
| 2nd pregnancy | 7 | 16.3 |
| 3rd or later pregnancy | 6 | 14.0 |
|  |  |  |  |
| Number of pregnancies with CDPP | One | 30 | 69.8 |
| Two | 6 | 14.0 |
| Three or more | 7 | 16.3 |
|  |  |  |  |
| Timing of diagnosis | Before pregnancy | 14 | 32.6 |
| During pregnancy | 6 | 14.0 |
| Postpartum | 23 | 53.5 |
|  |  |  |  |
| Category of cardiac disease | Acquired | 25 | 58.1 |
| Congenital | 11 | 25.6 |
| Genetic | 7 | 16.3 |