**Semi-structured interview schedule**

**PT Number:**

**EDD:**

**Today’s date: Weeks gestation:**

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| **Themes** |  |
| Carbon Monoxide Monitoring | * Have you had your carbon monoxide (CO) level measured?
* What did you think about being asked to blow into the CO monitor?

Prompt: How regularly has your CO level been monitored? Is it useful to you? If no, is there any particular reason why?* Did the midwife say what you expected her to say about your smoking after using the CO monitor?
* Did this prompt you to change your smoking behaviour? e.g. stop on your own.
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| Behaviour Change | * Has your smoking pattern changed over the last 4 weeks?

Prompt: Has your pregnancy made you consider your smoking habits? Prompt: Has your pregnancy affected your smoking? e.g. sickness, increased need.* Does being pregnant change anything about smoking for you?

Prompt: What have the attitude of other people been towards you?* Did you make a conscious choice to either smoke/ or not smoke in pregnancy?
* Now you are several months on, do you think about smoking differently?
* Is there a clash in your mind between smoking and being pregnant?
* How much do you actively think about stopping smoking?
* If still smoking: Do you think you could stop smoking if you wanted to?

Prompt: Have you tried to quit in the past / previous pregnancies? * If quit: Do you think you will not smoke again/could give up for good?

Prompt: What about remaining quit after the baby is born?* Have you taken any steps to stop smoking?

Prompt: Have you contacted the SSS? * If she has taken steps to stop smoking: Has the midwife/stop smoking advisor helped you to stop smoking?

Prompt: In what ways have the midwife/stop smoking advisor helped or not helped? Prompt: What prompted you to take a step towards quitting?* How do you remember to do the things that keep up your quit attempt?
* If she has not taken any steps to stop smoking: What are the reasons for not contacting the SSS?

Prompt: Do you feel ready to quit? What prompted you not to take a step towards quitting? Prompt: Do you think your age affects your attitude?* If still smoking: What do you think will happen if you stop smoking?
* If recently quit: What do you think will happen now you have quit? What do you think will happen if you start smoking again?
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| Stop Smoking Services | * If attended SSS: Did you receive advice about identifying goals and how to reach them when quitting? Do you have other long-term goals you are working towards?
* If did not attend SSS at all or straight away: How did you feel when it was clear that your non-attendance was being followed up?
* For those who have attended the SSS: Are there elements of the service that are helping / hindering you to quit?
* Is there anything else you would like from the SSS?

Prompt: e.g. a pregnant women’s clinic, buddy system, support group?* Do you feel the midwives / SSS staff are working with you on helping you to stop smoking?

Prompt: How well supported (family, friends, healthcare staff) do you feel in stopping smoking? Prompt: How did you feel about being challenged on your smoking habit by the midwife? (Brief intervention)  |
| Relationships with Midwife | * Do you feel the midwives understand what stopping smoking means for you?

Prompt: What was the attitude of the midwife towards you? Prompt: How does stopping smoking fit into your life? * Has being advised against smoking put you off seeing the midwife?

Prompt: Do you feel your smoking has anything to do with the midwife?* Why are the midwives / SSS staff so keen for you to stop smoking?
* What was your reaction when the midwife showed you the baby doll and the picture of the baby on the screen?

Prompt: Did it make the baby seem more real and how smoking was actually affecting your baby? If so, how did that affect your thinking about your smoking?Prompt: Are there any other ways that information could be given that would help you understand the relative risk you are taking?  |
| Personal views/attitudes | * Are there other things you want to do that might be affected by stopping smoking?

Prompt: positively affected e.g. feel fitter, have more money; or negatively affected e.g. lose friends, sacrifice pleasure.* Why may you decide not to stop smoking?

Prompt: too hard, like smoking. What about e-cigarettes?* Could you think about an occasion when you relapsed?
* Have either of these (CO monitor or risk perception) shown you any benefits in stopping smoking?

Prompt: If still smoking - What are the benefits to you of continuing to smoke?* Do you feel more motivated to stop / continue smoking after the advice / RPT?
* Have you seen any other health promotion e.g. on TV etc (looking at other contextual factors)?
* Did seeing what happens to the baby when you smoke and having a detailed explanation make any difference to how you viewed your smoking?
* Are there any issues (constraints) that prevent you from stopping smoking?

Prompt: friends, family, addiction.* Do you feel you have the necessary support/help available to stop smoking? And to maintain your quit?
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