|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Informant | Age-group | Gendera | Living aloneb | Walking aidc  | MMSEd | MCS12e | PCS12f | SPPBg  |
| 1 | 80-89 | F | N | 2 | 17 | 54 | 31 | 9 |
| 2 | 80-89 | F | Y | 2 | 26 | 37 | 36 | 6 |
| 3 | 90-99 | F | N | 1 | 24 | 53 | 41 | 2 |
| 4 | 70-79 | F | Y | 2 | 29 | 44 | 34 | 9 |
| 5 | 80-89 | M | Y | 2 | 22 | 35 | 30 | 5 |
| 6 | 80-89 | M | Y | 2 | 20 | 47 | 37 | 3 |
| 7 | 70-79 | F | N | 2 | 29 | 48 | 22 | 3 |
| 8 | 90-99 | F | Y | 2 | 23 | 51 | 25 | 1 |
| 9 | 90-99 | M | Y | 2 | 29 | 49 | 28 | 9 |
| 10 | 80-89 | F | Y | 2 | 26 | 37 | 35 | 6 |
| 11 | 90-99 | F | Y | 2 | 21 | 42 | 47 | 3 |
| 12 | 80-89 | F | Y | 1 | 29 | 50 | 38 | 6 |
| 13 | 80-89 | F | N | 1 | 17 | 31 | 54 | 9 |
| 14 | 80-89 | M | N | 2 | 16 | 48 | 52 | 3 |
| 15 | 80-89 | M | N | 2 | 25 | 39 | 36 | 1 |
| 16 | 90-99 | F | Y | 1 | 18 | 41 | 41 | 3 |
| 17 | 80-89 | F | Y | 2 | 24 | 48 | 38 | 5 |
| 18 | 90-99 | F | Y | 1 | 20 | 43 | 45 | 4 |
| 19 | 70-79 | M | N | 2 | 16 | 52 | 48 | 3 |
|  a M=Male, F=Female, b Y–Yes, N–No , c1–rollator, 2–pulpit aid; dMini Mental State Examination score; eHealth-related quality of life; fmeters per minute; gShort Physical Performance Battery score |

Table 1. Demographic and functional characteristics of the participants