

Additional file 2 Search syntax for electronic databases

Sources searched	Search strategy used, including any limits
PubMed	<p><i>(All fields)</i> "walk* program*" OR "walk* intervention" OR "health walk*" OR "walk* group*" OR "walk* club*" OR "lay led walk*" OR "community based walk*" OR "community walk*" OR "walk* scheme*" OR "walk* for health" OR "group physical activity" OR "walking in groups" OR "group walk*" OR "led walk" OR "group exercise"</p> <p>Filters: humans; 01/01/2012 to date; adults: 19+ years; English language</p>
Sport Discus	<p><i>All fields</i>) "walk* program*" OR "walk* intervention" OR "health walk*" OR "walk* group*" OR "walk* club*" OR "lay led walk*" OR "community based walk*" OR "community walk*" OR "walk* scheme*" OR "walk* for health" OR "group physical activity" OR "walking in groups" OR "group walk*" OR "led walk" OR "group exercise"</p> <p><i>(Title)</i> NOT "Parkinson*" NOT "multiple sclerosis" NOT "gait"</p> <p>Filters: January 2012 to date; English language</p>
Cochrane Library	<p><i>(All fields)</i> "walk* program*" OR "walk* intervention" OR "health walk*" OR "walk* group*" OR "walk* club*" OR "lay led walk*" OR "community based walk*" OR "community walk*" OR "walk* scheme*" OR "walk* for health" OR "group physical activity" OR "walking in groups" OR "group walk*" OR "led walk" OR "group exercise"</p> <p><i>(Title, abstract, keywords)</i> NOT "Parkinson*" NOT "multiple sclerosis" NOT "gait"</p> <p>Limits: 2012 to 2017</p>
EMBASE	<p><i>All fields</i>) 'walk* program*' OR 'walk* intervention' OR 'health walk*' OR 'walk* group*' OR 'walk* club*' OR 'lay led walk*' OR 'community based walk*' OR 'community walk*' OR 'walk* scheme*' OR 'walk* for health' OR 'group physical activity' OR 'walking in groups' OR 'group walk*' OR 'led walk' OR 'group exercise'</p> <p><i>(Title)</i> NOT 'Parkinson*' OR 'multiple sclerosis' OR 'gait'</p> <p><i>(Abstract)</i> NOT 'Parkinson*' OR 'multiple sclerosis' OR 'gait'</p> <p><i>(Keywords)</i> NOT 'Parkinson*' OR 'multiple sclerosis' OR 'gait'</p> <p>Limits: Humans; 2012 to current; English language; Adult <18 to 64 years>; Adult <65 years +; Conference abstracts/Embase</p>
PsycINFO	<p>"walk* program*" OR "walk* intervention" OR "health walk*" OR "walk* group*" OR "walk* club*" OR "lay led walk*" OR "community based walk*" OR "community walk*" OR "walk* scheme*" OR "walk* for health" OR "group physical activity" OR "walking in groups" OR "group walk*" OR "led walk" OR "group exercise"</p> <p><i>(Title, abstract, keywords)</i> NOT "Parkinson*" OR "multiple sclerosis" OR "gait"</p> <p>Limits: Publication date Jan 2012 to July 2017; adulthood (18 yrs & older); human; English language</p>