**Additional file 1: Nutritional status indicators**

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| --- | --- |
| **Indicator** | **Mean ± standard deviation** |
| Height-for age-z-score  | 0.10±1.7 |
| Weight-for-height-z-score  | -1.08±1.75 |
| Weight-for-age-z-score  | -0.76±1.4 |