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| **Additional File 5.** Association between complex multimorbidity (HUNT2) and ADL (HUNT3), mortality and non-participation (HUNT3), multinomial logistic regression.\* n=8357  |
|  |  | ADL independent  | ADL disability  | Mortality during follow-up | Non-participation HUNT3 |
| CMM | n | RR (95% CI) | RD (95% CI) | n | RR (95% CI) | RD (95% CI) | n | RR (95% CI) | RD (95% CI) | n  | RR (95% CI) | RD (95% CI) |
|  | No | 2335 | 1.0 (ref) | 0.0 (ref) | 49 | 1.0 (ref) | 0.0 (ref) | 698 | 1.0 (ref) | 0.0 (ref) | 1271 | 1.0 (ref) | 0.0 (ref) |
|  | Yes | 1927 | 0.92 (0.88-0.96) | -4.3 (-6.4- -2.2) | 55 | 1.24 (0.84-1.83) | 0.3 (-0.2-0.8) | 772 | 1.23 (1.12-1.35) | 3.7 (2.0-5.2) | 1250 | 1.01 (0.95-1.08) | 0.4 (-1.6-2.4) |
|   | Total | 4262 |   | 104 |   | 1470 |   | 2521 |   |
| \*Adjusted for sex, age and education.Abbreviations used in the table: ADL = activities of daily living, CI = confidence interval, CMM = complex multimorbidity, HUNT = the Nord-Trøndelag Health Study, ref = reference category, RD = risk difference, RR = risk ratio |