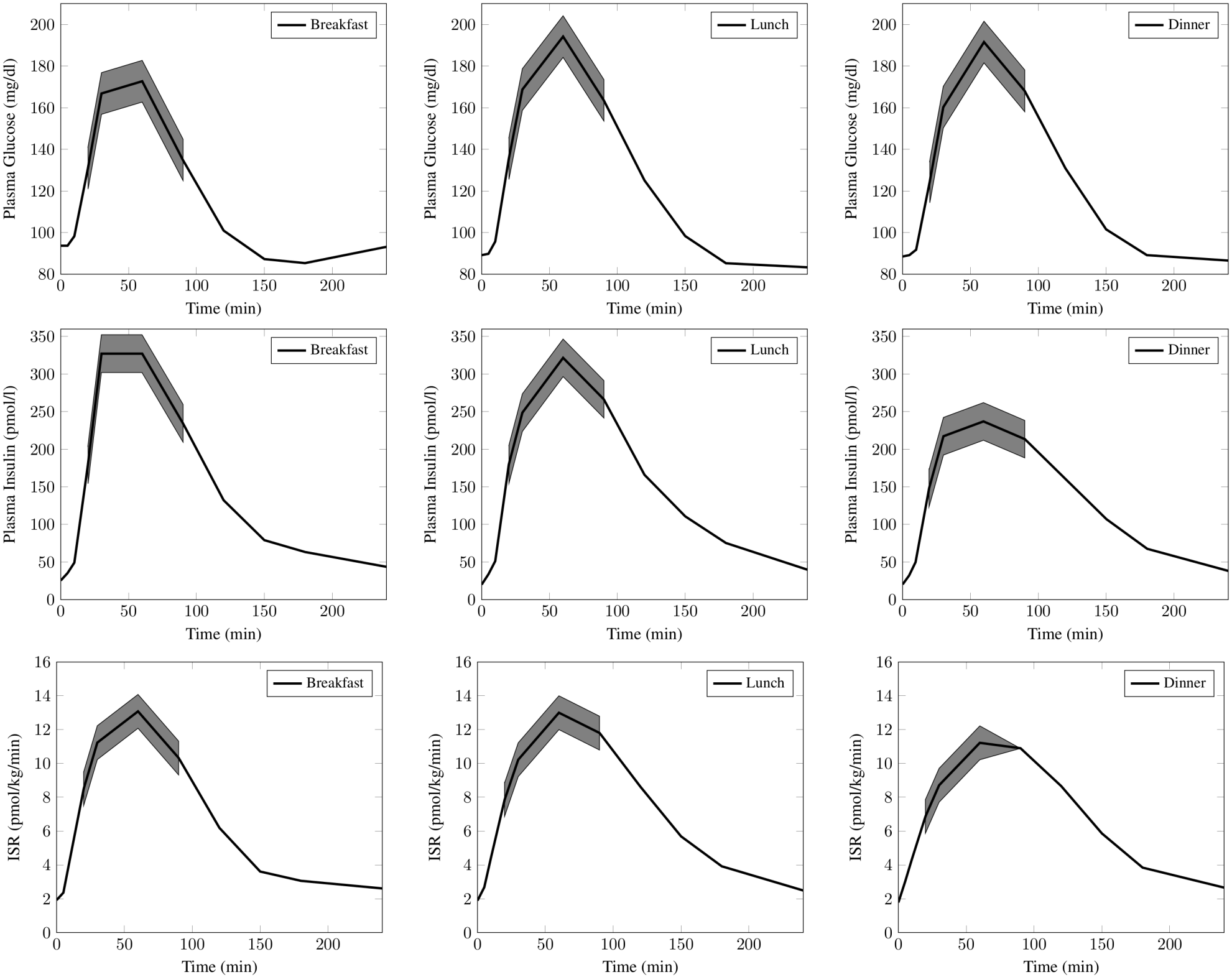
Breakfast
Lunch
Dinner
Plasma Glucose (mg/dl)
Plasma Insulin (pmol/l)
ISR (pmol/kg/min)
Time (min)
80
100
120
140
160
180
200
0
50
100
150
200
250
300
350
2
4
6
8
10
12
14
16