# List of antidepressant medications and minimum adequate dose

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| **Antidepressant medication** | **Minimum daily adequate dose1** |
| **SSRIs** |  |
| Citalopram | 20 mg |
| Escitalopram | 10 mg |
| Fluvoxamine2 | 50 mg |
| Fluvoxamine, continuous release2 | 100 mg |
| Fluoxetine | 20 mg |
| Paroxetine | 20 mg |
| Paroxetine, extended release | 12.5 mg |
| Sertraline | 50 mg |
| Vilazodone2 | 10 mg |
| **DNRI** |  |
| Bupropion | 150 mg |
| **SNRIs** |  |
| Desvenlafaxine | 50 mg |
| Duloxetine | 60 mg |
| Levomilnacipran2 | 20 mg |
| Milnacipran2 | 12.5 mg |
| Venlafaxine | 37.5 mg |
| **Serotonin modulators** |  |
| Nefazodone | 50 mg |
| Trazodone | 150 mg |
| Vortioxetine2 | 10 mg |
| **Norepinephrine-serotonin modulator** |  |
| Mirtazapine | 15 mg |
| **Tricyclics and tetracyclics** |  |
| Amitriptyline | 25 mg |
| Amoxapine2 | 50 mg |
| Clomipramine2 | 25 mg |
| Doxepin | 25 mg |
| Desipramine | 25 mg |
| Imipramine | 25 mg |
| Maprotiline | 75 mg |
| Nortriptyline | 25 mg |
| Protriptyline | 10 mg |
| Trimipramine | 25 mg |
| **MAOIs** |  |
| Isocarboxazid | 10 mg |
| Moclobemide | 150 mg |
| Opipramol |  |
| Phenelzine | 15 mg |
| Selegiline transdermal | 6 mg |
| Tranylcypromine | 10 mg |
| **Other selected medications3** |  |
| Agomelatine |  |
| Mirtazapine |  |
| Mianserin |  |
| Nefazadone |  |
| Noxiptiline |  |
| Olanzapine-fluoxetine | 25 mg |
| Pipofezine |  |
| Reboxetine |  |
| Tianeptine |  |
| MAOIs = monoamine oxidase inhibitors; NDRIs = norepinephrine-dopamine reuptake inhibitors; SNRIs = serotonin-norepinephrine reuptake inhibitors; SSRIs = selective serotonin reuptake inhibitors. | |
| **Notes:** | |
| 1. Starting doses were based on the recommended starting dose indicated in the American Psychiatric Association (APA) Practice Guidelines for Treatment of Patients with Major Depressive Disorder, 3rd edition, 2010 (https://psychiatryonline.org/pb/assets/raw/sitewide/practice\_guidelines/guidelines/mdd.pdf). | |
| 2. Starting doses for other antidepressant medications not included in the APA Practice Guidelines for Treatment of Patients with Major Depressive Disorder were based on the starting doses indicated in the label (http://www.accessdata.fda.gov/scripts/cder/drugsatfda/index.cfm). | |
| 3. Other selected medications includes an antidepressant-antipsychotic combination treatments indicated for treatment resistant depression | |

# List of augmentation medications

**Antipsychotic medications**

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| Aripiprazole |
| Cariprazine |
| Clozapine |
| Iloperidone |
| Olanzapine |
| Paliperidone |
| Quetiapine |
| Risperidone |
| Ziprasidone |
| **Other augmentation medications** |
| Lithium |
| Thyroid hormone (T3 and T4) |