**Table S1.** STROBE Statement—Checklist of our cohort study

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|  | Item Finish  | Recommendation |
|  **Title and abstract** | Yes | (*a*) Indicate the study’s design with a commonly used term in the title or the abstract |
| (*b*) Provide in the abstract an informative and balanced summary of what was done and what was found |
| Introduction |
| Background/rationale | Yes | Explain the scientific background and rationale for the investigation being reported |
| Objectives | Yes | State specific objectives, including any prespecified hypotheses |
| Methods |
| Study design | Yes | Present key elements of study design early in the paper |
| Setting | Yes | Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection |
| Participants | Yes | (*a*) Give the eligibility criteria, and the sources and methods of selection of participants. Describe methods of follow-up |
| (*b*)For matched studies, give matching criteria and number of exposed and unexposed |
| Variables | Yes | Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable |
| Data sources/ measurement | Yes | For each variable of interest, give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group |
| Bias | Yes | Describe any efforts to address potential sources of bias |
| Study size | No | Explain how the study size was arrived at |
| Quantitative variables | Yes | Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen and why |
| Statistical methods | Yes | (*a*) Describe all statistical methods, including those used to control for confounding |
| (*b*) Describe any methods used to examine subgroups and interactions |
| (*c*) Explain how missing data were addressed |
| (*d*) If applicable, explain how loss to follow-up was addressed |
| (*e*) Describe any sensitivity analyses |
| Results |
| Participants | Yes | (a) Report numbers of individuals at each stage of study—eg numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analysed |
| (b) Give reasons for non-participation at each stage |
| (c) Consider use of a flow diagram |
| Descriptive data | Yes | (a) Give characteristics of study participants (eg demographic, clinical, social) and information on exposures and potential confounders |
| (b) Indicate number of participants with missing data for each variable of interest |
| (c) Summarise follow-up time (eg, average and total amount) |
| Outcome data | Yes | Report numbers of outcome events or summary measures over time |
| Main results | Yes | (*a*) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their precision (eg, 95% confidence interval). Make clear which confounders were adjusted for and why they were included |
| (*b*) Report category boundaries when continuous variables were categorized |
| (*c*) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period |
| Other analyses | Yes | Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses |
| Discussion |
| Key results | Yes | Summarise key results with reference to study objectives |
| Limitations | Yes | Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias |
| Interpretation | Yes | Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence |
| Generalisability | Yes | Discuss the generalisability (external validity) of the study results |
| Other information |
| Funding | Yes | Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based |