**Supplementary Figures**

**Figure S1.** Non-metric multidimensional scaling (NMDS) plot of the liquid fraction samples. Distances were calculated using the Bray-Curtis dissimilarity index in the *vegan* package in R. Points were plotted based on subject and period of lactation.



**Figure S2.** NMDS plot of the solid fraction samples. Distances were calculated using the Bray-Curtis dissimilarity index in the *vegan* package in R. Points were plotted based on subject and period of lactation.