# Additional file 2: Risk of bias assessment across RCTS

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| **Study** | **Random sequence generation** | **Allocation concealment** | **Blinding of participants and personnel** | **Blinding of outcome assessment** | **Incomplete outcome data** | **Sample size** |
| Bruera (2008) | ? | ? | ? | ? | – | – |
| de Moor (2002) | + | ? | ? | ? | + | – |
| Low (2010) | + | + | ? | ? | + | – |
| Mosher (2012) | + | ? | ? | ? | + | – |

***Note.*** + = low risk of bias; – = high risk of bias; ? = unclear risk of bias