

ADL and IADL Equipment

Product	Geographical location	Estimated cost in US \$
<b>Travel for babies and children</b>		
	Norway, US, Mexico  <b>DISCLAIMER</b>  CHECK MANUFACTURER'S SPECIFICATIONS REGARDING THE ADDITION OF INSERTS AND SAFETY REGULATIONS FOR THE COUNTRY YOU LEAVE IN	15-27.00 for insert. 90-200.00 for padded car seat.
<b>Figure 1:</b> Car seat with plush covering		
	Norway, US, and Mexico	8-13.00
<b>Figure 2:</b> Car seat strap covers		

Product	Geographical location	Estimated cost in US \$
<b>Feeding Babies</b>		
	Norway, US, Mexico	16-23.00
	Norway, US, Mexico	17-20.00
	Norway, US, Mexico	23-30.00

**Figure 3a:** Baby bottle with controlled flow

**Figure 3b:** Baby bottle with controlled flow

**Figure 3c:** Baby bottle with controlled flow

Product	Geographical location	Estimated cost in US \$
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**Feeding tools**



Norway, US, Mexico

10-13.00

**Figure 4:** Adapted fork with built-up handle and curved to decrease range of motion needed to self-feed



UK, US, Australia

8-12.00

**Figure 5:** Scoop dish



Norway, US, Mexico

9-21.00

**Figure 6:** Adapted spoon for self-feeding

Product	Geographical location	Estimated cost
<b>Gripping tools</b>		
 <p data-bbox="203 751 889 829"><b>Figure 7a:</b> Foam tubing to adapt handle size for ease of grip</p>	<p data-bbox="950 394 1140 472">Norway, US, and Mexico</p>	<p data-bbox="1221 394 1404 472">10-19.00 for set of 3</p>
 <p data-bbox="203 1327 852 1360"><b>Figure 7b:</b> Examples of use of foam tubing</p>		
 <p data-bbox="203 1759 824 1795"><b>Figure 8:</b> Oliber magnetic hand orthoses</p>	<p data-bbox="950 1411 1172 1444">Chile, USA, UK</p>	<p data-bbox="1221 1411 1448 1474"><a href="http://www.myoliber.com">www.myoliber.com</a></p>

Product	Geographical location	Estimated cost
<b>Pads and socks</b>		
 <p data-bbox="203 646 625 682"><b>Figure 9:</b> Baby slipper socks</p>	Norway, US, Mexico	5-14.00
 <p data-bbox="203 997 820 1033"><b>Figure 10:</b> Double-layer anti-blister socks</p>	Norway, US, Mexico	9-28.00
 <p data-bbox="203 1381 673 1417"><b>Figure 11:</b> Baby-size knee pads</p>	Norway, US, Mexico	9-12.00
 <p data-bbox="203 1801 722 1837"><b>Figure 12:</b> Padded elbow sleeves</p>	Norway, US, Mexico	10-14.00

Product	Geographical location	Estimated cost
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**Bath seats and handling aids**



Norway, US,  
Mexico

140-486.00

**Figure 13:** Mesh bath seats

**75416-1002**  
**Doorknob Extender**  
 Patents Pending

Converts any standard door knob into a door lever allowing complete access to keyholes

- 5" (12.7cm) extension handle provides extra leverage for people with limited hand function
- A cord or string can be inserted through the handle slot, making door knobs easier to access for people with limited reach
- Can be installed using only a screwdriver - no special tools required
- Easy to clean

**Bag of 2**

Norway, US,  
Mexico

12-30.00

**Figure 14:** Door knob aid



Norway, US,  
Mexico

9-15.00

**Figure 15:** Steering wheel aid

Product	Geographical location	Estimated cost
 <p data-bbox="203 772 544 808"><b>Figure 16:</b> Key grip aid</p>	<p data-bbox="950 317 1136 388">Norway, US, Mexico</p>	<p data-bbox="1219 317 1333 346">7-10.00</p>
 <p data-bbox="203 1199 917 1465"><b>Figure 17:</b> Glidewear is a manufacturer of ultra-low-friction fabric used for clothing, blankets, pillow covers and other accessories for persons with EB. It is a two-layer fabric that protects skin by gliding smoothly against itself and absorbing the harmful friction and shear that can damage skin.</p>	<p data-bbox="950 856 1112 886">US and UK</p>	<p data-bbox="1219 856 1442 928"><a href="https://glidewear.com/">https://glidewear.com/</a></p>

**NOTE:** For more recommendations, aids, and suggestions for ADL and IADL equipment, please refer to Occupational Therapy in Epidermolysis Bullosa by Weiß and Prinz (2013) and the DEBRA International website ([www.debra.org](http://www.debra.org)).