Additional file 4

Screening criteria for determining eligibility of the research questions

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| **Screening Criteria** | **Decisions** |
| 1) Does this study report quantitative (as opposed to qualitative) data?  | 0 = No1 = Yes9 = can’t tellIF NO, then STOP HERE |
| 2) Was the study conducted in human adults? | 0 = No1 = Yes9 = can’t tellIF NO, then STOP HERE |
| 3) Did the study use an acute stressor?  | 0 = No1 = Yes9 = can’t tellIF NO, then STOP HERE |
| 4) Did the study assess at least one inflammatory biomarker in saliva?  | 0 = No1 = Yes9 = can’t tellIF NO, then STOP HERE |