Additional file 2 Table of Excluded Citations

Author	Date	Title	Include/exclude	Reason for exclusion
Beverly	2013	Explaining Patients' Responses to Diabetes Education: A Qualitative Study. Diabetes et al.	T1DM and T2DM	
Bianchi	2011	Motivating type 1 diabetic patients to learn carbohydrate counting through a cultural/aesthetic experience. Diabetologia et al.		Insufficient data
Buysschaert	1987	Effect of an inpatient education programme upon the knowledge behaviour and glycemic control of insulin-dependent diabetic patients. Diabetes & Metabolism et al.		Quantitative study
Cagle	2002	Practitioners' actions inhibited patient participation in self exclude care decision making. Evidence Based Nursing		Not participated in a SEP
Cameron	2016	Self-monitoring of blood glucose in insulintreated diabetes: exclude A case study of patients and F. Harris J.M.M. Evans		Not participated in a SEP
Cheyette	2012	Early changes in glycated haemoglobin (HbA1c) can be used to predict glycaemic outcomes at 1 year following the Dose Adjustment for Normal Eating (DAFNE) course. Diabetic Medicine		Quantitative study
Cooke	2013	Linguistic and psychometric validation of the Diabetes-Specific Quality-of-Life Scale in U.K. English for adults with type 1 diabetes. Diabetes care et al.	Exclude	Not a qualitative study
Davis	2007	Social Identity Theory and Telehealth: A New Behavioral Approach to Frame Diabetes Self-Management. Diabetes	y and Telehealth: A New Behavioral abstract	
Davis	2012	Identifying provider and patient viewpoints in developing a diabetes selfmanagement guide. Journal of Investigative Medicine et al.	exclude	T2DM
Fairfield	2014	Getting there': The impact of structured insulin management education in a high ethnic mix population with type 1 and type 2 diabetes. Practical Diabetes and J. James S. Amin	exclude	Quantitative study
Fortin	2017	Practices perceptions and expectations for carbohydrate counting in patients with type 1 diabetes - Results from an online survey. Diabetes Research & Clinical Practice et al.	exclude	Web based questionnaire
Gilbert	2012	Online communities are valued by people with type 1 exclude diabetes for peer support: How well do health professionals understand this? Diabetes Spectrum et al.		Not attended a SEP
Glindorf	2012	Effect of a 5 days intervention programme for people with type 1 diabetes and severe hypoglycaemia. Diabetologia		Insufficient data
Gundupalli	2010	Effect of Family Support and Education on Diabetes Self Management in Cuban Americans. Faseb Journal and F.G. Huffman J. Vaccaro	abstract	Insufficient data

Harris	2017	Barriers to attendance at Dose Adjustment for Normal Eating (DAFNE) in South London: A qualitative study. Diabetic Medicine and S.A. Amiel H. Mulnier	outh London: A qualitative study. d S.A. Amiel H. Mulnier		
Harris	2016	Marketing Dose Adjustment For Normal Eating (DAFNE): exclude Exploring perceived barriers to attendance in Healthcare professionals (HCP) and adults with Type 1 diabetes. Diabetic Medicine et al.		Not attended a SEP	
Harry	2013	[Time and use of discussion forums in type 1 diabetes: exclude contribution to patient education]. Temporalite et usage des forums asynchrones dans le diabete de type 1. Contribution a l'Education therapeutique du patient.		Not participated in SEP	
Helme	2004	Patient accounts for noncompliance with diabetes self-care regimens and physician compliance-gaining response. Patient education and counseling		surveys	
Hinder	2012	"This does my head in". Ethnographic study of self-management by people with diabetes. BMC health services research		T1DM and T2DM	
Kramer	2013	Which principles patients with diabetes type 1 use for self-adjustment of insulin dose? Diabetologia et al.	abstract	Insufficient data	
Lehmann	2000	User experience with the AIDA interactive educational virtual diabetes patient simulator. Diabetes technology & therapeutics	absract	Not participated in a SEP	
Lucherini	2016	Performing Diabetes: Felt Surveillance and Discreet Self-Management. Surveillance & Society	exclude	Not participated in SEP	
McIntyre	2014	Dose adjustment for normal eating: A role for the expert patient? Diabetes and Metabolism Journal	exclude Descriptive study		
McIntyre	2006	DAFNE (Dose Adjustment for Normal Eating): structured education in insulin replacement therapy for type 1 diabetes. The Medical journal of Australia	replacement therapy for type 1		
Mullan	2012	Exploring the experiences of adults living with type 1 diabetes accessing care. Canadian Journal of Diabetes et al.	exclude Not participated in a SEP		
O'Hara	2013	A cross country qualitative investigation of structured education programmes for adults with type 1 diabetes. Diabetologia	exclude	abstract	
O'Kane	2016	Individual differences and contextual factors influence the experience and practice of self-management with type 1 diabetes technologies. Diabetes Technology and Therapeutics	exclude Not participated in a SEP		
Oliver	2009			Not a qualitative study	

Oliver	2011	Carbohydrate counting in diabetes. Nursing times	exclude	editorial
Ozcan	2012	Redesigning an intensive insulin service for patients with Type 1 diabetes: A patient engagement exercise. Diabetic Medicine et al.	exclude	Not attended a SEP
Rasmussen	2007	Young women with diabetes: using Internet communication to create stability during life transitions. Journal of P. Dunning	exclude	Not attended a SEP
Richard	1989	ATTITUDES OF INSULIN-DEPENDENT DIABETICS TOWARDS THEIR DISEASE FOLLOWING A ONE-WEEK EDUCATION-PROGRAM. Semaine Des Hopitaux	exclude	French language
Rosenbek Minet	2011	The experience of living with diabetes following a self-management program based on motivational interviewing. Qualitative health research et al.	exclude	Not all had attended a SEP
Sacco	2012	Educational attainment moderates the effect of a brief diabetes self-care intervention. Diabetes research and clinical practice et al.	exclude	Not part of a SEP
Savin	2013	Empowering young women with type 1 diabetes: Evaluating a peer-led diabetes support group. Diabetes	exclude	Not participated in a SEP
Schaefer	2014	Strategies for Improving Participation in Diabetes Education. A Qualitative Study. Plos One et al.	exclude	Not attended a SEP
Shepard	2012	Patient perspectives on personalized glucose advisory systems for type 1 diabetes management. Diabetes technology & therapeutics et al.	exclude	Not participated in a SEP
Simon	2014	Diabetes patients' experiences with the implementation of insulin therapy and their perceptions of computer-assisted self-management systems for insulin therapy. Journal of medical Internet research	exclude	T2DM
Stadler	2014	DAFNE-HART a psycho-educational programme to reverse hypoglycaemia unawareness in Type 1 diabetes: Report on sustained biomedical benefit at 1 year	exclude	Quantitative results
Storni	2014	Diabetes self-care in-the-wild: Design challenges for personal health record systems and self-monitoring technologies. Information Technology & People	exclude	No evidence of attending a SEP
Trief	2003	Describing support: A qualitative study of couples living with diabetes. Families e	exclude	No evidence of attending a SEP
Waite	2013	Mobile phone applications and type 1 diabetes: An approach to explore usability issues and the potential for enhanced self-management. Diabetes & Primary Care	exclude	No evidence of SEP
Willaing	2013	Exploring diabetes education and information: perspectives of people with diabetes (DAWN2 study). Diabetologia	exclude	Abstract, T1DM and T2DM
Wilson	2009	Behavioural change in type 1 diabetes self-management: Why and how? Health Education Journal	include	Not attended a SEP teaching FIIT