# Additional file 2: Effective contraception

1. Established use of oral, injected or implanted hormonal methods of contraception.
2. Placement of an intrauterine device (IUD) or intrauterine system (IUS).
3. Female condom or occlusive cap (diaphragm or cervical/vault caps) with spermicidal foam/gel/film/cream/suppository.
4. Regular and consistent use of male condoms.
5. Male sterilisation (with the appropriate post-vasectomy documentation of the absence of sperm in the ejaculate).
6. True abstinence: When this is in line with the preferred and usual lifestyle of the subject.

These are according to Heads of Medicines Agencies Clinical Trial Facilitation Group (HMA CTFG) 2014 guidance on contraception and pregnancy testing in clinical trials.

(<http://www.hma.eu/fileadmin/dateien/Human_Medicines/01-About_HMA/Working_Groups/CTFG/2014_09_HMA_CTFG_Contraception.pdf>.)