

Table 1

Reasons for missing ART doses amongst women on Option B+ in Kumba health district.

| Reasons for potentially not taking medications | N | % Respondents |
|---|------------|----------------------|
| Total women | 185 | |
| Non respondents | 64 | 34.6 |
| Respondents | 121 | 65.4 |
| – Forgetfulness | 43 | 35.5 |
| – Travel away from home | 29 | 24.0 |
| – Lack of transport to come to pick up ARV | 28 | 23.1 |
| – Side effects mainly dizziness | 6 | 5.0 |
| – Away for work | 5 | 4.1 |
| – Baby distraction | 5 | 4.1 |
| – Stigmatisation | 5 | 4.1 |
| – Involved in church or social activities | 4 | 3.3 |
| – Lack of food | 2 | 1.7 |
| – Child Vaccination is over | 1 | 0.8 |

NB Percentatges are out of those who responded to each question. Some women gave more than one reason so total respnose may add up to over total respndents and same for percentatges (>100%).*

Table 2

Means of reminding women to take ART amongst women on Option B+ in Kumba Health district.

| Treatment reminder | N | % Respondents |
|---------------------------|------------|--------------------------|
| Total women | 185 | |
| Non respondents | 13 | 7.0 |
| Respondents | 172 | 93.0 |
| – Phone alarm | 64 | 37.2 |
| – Become a daily routine | 63 | 36.6 |
| – Clock alarm | 22 | 12.8 |
| – Husband | 14 | 8.1 |
| – Television series | 4 | 2.3 |
| – Drugs by my bedside | 4 | 2.3 |
| – Sister | 1 | 0.6 |
| – Church bell | 1 | 0.6 |

NB Percentatges are out of those who responded to each question. Some women gave more than one reason so total respnosee may add up to over total respndents and same for percentatges (>100%).*