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| **Individuals** | Eating habitso Can you tell me what is most often here at school?o What do you associate with healthy food?o What do you consider ‘unhealthy’ foods?o Is it important for you to have a healthy diet? Is there anybody that is especially focussed on having a healthy diet? Who are they? |
| **Sosial environment** | o How would you describe a regular lunch break at school?o Do you experience that there is a focus on healthy food and physical activity in others your class? Among students, teachers, other employees?o Do you experience the food you eat is influenced by people around you? (friends, family, teachers)o What responsibility do you think the school should have in order to contribute to healthy eating habits amongst its’ students?o Do you experience the school taking responsibility when it comes to promoting healthy eating habits and physical activity at school? In what way?o Who else do you think should take responsibility for students eating healthy food at school?o Have you experienced any obstacles to eating healthy food at school? What are these?o Are there any situations you think it is easier to eat healthy food at school?o Is it important for you to be in activity during the school day? Can you tell me something about why? |
| **Organisation** | What do you think about the free school fruit programme being removed?o Do you get offers regarding fruit and/or milk at school?o Do you think there is something teachers at school could do to encourage healthier food choices among students in your class?o What do you think about the canteen selling foods like soft drinks, cakes and chocolate?o If you do not bring a packed lunch from home, do you choose to buy food from the school's canteen or from shops in the area? What do you eat there and why?o Is there something that the school could do differently to encourage more physical activity among students in your class? |
| **Environment** | What do you think about students being allowed to leave school during lunch break (s) to visit the shops/kiosks in the area? Do you think it's a good idea? Why?o If you leave school to go to the store, what is the reason for that?o Can you tell me about the surrounding area around their school?Do you experience it's safe to walk or ride to/from school?o Do you experience that it is encouraged to be active in the school area and in the immediate area? In what way? |

**Appendix 2: Interview guide for focus group interviews**