**Additional file 9: Final selection of KT intervention components and related learning objectives**

1. Providing chiropractors and interns with supportive handouts summarizing how to use the SMS guiding by BAP.

* Paper-based (BAP flow chart and guide)

1. Webinar (55 minutes):

* Learn the process and the attitudes of self-management strategies
* Become familiar with the process of Brief Action Planning
* Become familiar with the attitudes to adopt when using it with a patient

1. Online educational module on the BAP: (22-minute learning module with segmented video to help apply material learned on self-management and Brief Action Planning).

* Become familiar with the process of Brief Action Planning
* Become familiar with the attitudes to adopt when using it with a patient. BAP motivational interviewing led by interns/clinicians

1. Clinical vignettes: (different BAP scenarios):

* Become familiar with using the Brief Action Planning
* Become familiar with the attitudes to adopt when using it with a patient.

1. Training workshop (one-full day)

* Have more opportunity to practice SMS
* Get personalized feedback

1. Opinion leader

* Advise colleagues about SMS practice
* Ease the delivery of SMS