Supplementary table 1.The incidence of mild, moderate and severe headaches after ascent to 3,700 m altitude

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| 　 | **Headache Severity** |
|  | **Non Headache** |  | **Mild Headache** |  | **Moderate Headache** |  | **Severe Headache** |
| **Number** | 80 |  | 193 |  | 42 |  | 3 |
| **Percent** | 25.16% | 　 | 60.69% | 　 | 13.21% | 　 | 0.94% |