Supplementary table 1.The incidence of mild, moderate and severe headaches after ascent to 3,700 m altitude

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Headache Severity** | | | | | | |
|  | **Non Headache** |  | **Mild Headache** |  | **Moderate Headache** |  | **Severe Headache** |
| **Number** | 80 |  | 193 |  | 42 |  | 3 |
| **Percent** | 25.16% |  | 60.69% |  | 13.21% |  | 0.94% |